



# Martin County Clover Times

Volume 1, Issue 5

March-April 2005

## 4-H Executive Board

### Special points of interest:

- Martin County Horse Information
- University of Florida opportunities
- State Opportunities
- New County workshops



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What is Florida 4-H Executive Board? Florida 4-H Executive Board is a leadership board for Florida 4-H. The group meets three times a year at 4-H Camp Ocala to work on State Council projects. What does Executive Board do? Executive Board offers input into and has planning roles for Congress, Legislature, Ambassador Weekend, and the 4-H State Project. Other committees explore issues such as Membership, Ways and Means, Alumni, Technology, Constitution and Resolutions, Plan of Work, and Entertainment. Each of the delegates brings a unique point of view and representation of their home district. Also, the group strives to develop leadership and communication skills for use back in their districts

and counties. How are you chosen for Executive Board? It consists of fifty-nine members: three members from each of the thirteen districts, twelve presidential appointments, and eight state officers. Each district has already selected their members, but delegates vary from district to district, so contact a district council member or advisor for specifics about your district Can I attend Executive Board? Yes and no. The first two meetings of the Executive Board are limited to the fifty-nine standing members, but any senior 4-Hers in Florida are eligible to attend the Third Executive Board meeting in March at 4-H Camp Ocala (contact your county 4-H agent for more information and registration is posted

online through our website). Our goal is to have a quorum (at least 90 delegates from 34 counties) at this year's Third Exec Board. This year the 3rd Executive Board is March 18, 19 and 20th. If you are interested you must have your paper work to Cindy Harris no later then March 4th. The cost is \$65. The check must be made out to Martin County 4-H Foundation.



## 4-H District 11 February Meeting – Donate your used Prom Dress

On February 5, 4-H District 11 met and planned some community projects for the next few months. They decided to collect used prom dresses to give to the *Children's Home Society*. These dresses will go to young ladies who have

an opportunity to attend their prom but are unable to afford dresses. If any Martin County member or family has a prom dress they would like to donate, please have it in the 4-H office by April 1st. Any shoes or costume jewelry

would be an extra added touch. It was also suggested that gift certificates for nails and hair could also be donated. Next District 11 meeting is April 2 in St. Lucie County. Any 4-H member may attend and participate. **Let's do-**



# Welaka 4H Horsemanship School

## Welaka 4-H Horsemanship School

Find it online at <http://4h.ifas.ufl.edu/events/index.htm>

**DATES:** June 5-10 - This is the date Martin County will attend

### 4-H Horsemanship School

**DISCIPLINES:** Each week will have instructors in both English and Western riding. Beginning, intermediate and advanced classes will be offered. Trail and speed events will also be covered.

**LOCATION:** Welaka State Forest — just south of Palatka, Florida. **EXPENSES:** \$260 — includes all meals, snacks, t-shirts, lodging, stabling, and over 30 hours of instruction for the

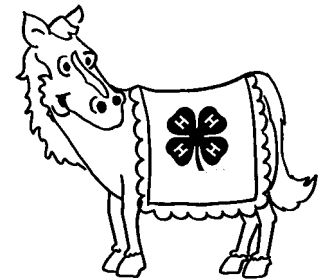
week. You will need to provide your own feed and hay. Bedding for the horses is provided.

**AGE REQUIREMENTS:** Youth between the ages of 10 and 18 (as of September 1, 2004) are able to participate. Youth that are 8 and 9 need to call Cindy.

**ACCOMMODATIONS:** Bunk-house camping. You will need your own linens, but the cabins are air conditioned so you can cool off after a hard day in the saddle. Are you looking for the ideal horse adventure this summer?

Are you tired of the same ole' trails, same ole' arena, and same ole' horse routine? Then Welaka Horsemanship School is for you! Professional trainers,

quality stables and lodging, 4-Hers who love horses just like you, activities on and off your horses and a beautiful location: nestled among the pines and oaks of the Welaka State Forest. Need more information? Call Cindy Harris at 288-5654.



## New Workshops



### Interested in Dog Grooming?

#### Learn to groom your own dog

Times set up for this are on **Sunday afternoons 3:30 to 4:30, March 20, March 27, April 3 and April 10.** We will meet at the Martin County 4-H Office, 2614 SE Dixie Highway.

The first four meetings you don't bring your dog but you do bring all the equipment you use with your dog including shampoo, clippers, brushes, etc. Also bring a copy of

the ingredients of the food you feed your dog. After the first four meetings you will begin grooming your own dog and the place will be announced. We will have clippers you can borrow.

#### Learn How to Play Chess

Times set up for this are on **Sunday afternoons 2pm to 3pm, March 20, March 27, April 3 and April 10.** We will meet at the Martin County 4-H Office, 2614 SE Dixie Highway. You will need your own chess set. You can get very inexpensive ones at

toy stores or even thrift stores. As we learn, we will be able to play each other and even have tournaments.

For more information and to sign up call Mary, Wendy or Cindy Harris, 288-5654

**More Than You Ever Imagined!**

## Martin County 4-H Horse Shows



Martin County will host two more 4-H Horse Shows at Timer Powers Park in Indiantown, FL. There will be 4-H classes and open classes the date for the first show is March 19, 2005 and the second show is scheduled for April 2, 2005. Open classes

mean both youth and adult can compete. These are fun time for our 4-H members so if you have a horse and enjoy fun competition, you will enjoy our shows. Registration is from 8am to 9am. Show starts at 9am and speed events usually start about noon. Plan on joining us for the day. Lunch, drinks and fun

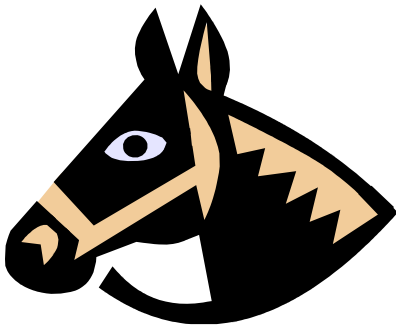
## 4-H Camp Cloverleaf

The end of the school year is rapidly approaching and that means that SUMMER CAMP can't be far off. The Camp Committee has been working hard to plan another fun-filled week for this year's "happy campers". We hope that Martin County 4-H'ers between the ages of 8 and 12 are planning to attend this summer's camping session. Counselors are a very important and strong part of our camping program; these are 4-H'ers 13-18. Without our counselors, Martin County could not have a successful program. Martin County 4-H will be camping June 27 -July 1, 2005. If you are interested in being a camp counselor, there will be counselor training April 8-9-10. Cloverleaf 4-H Center

is a traditional style camp with modern conveniences allowing to combine a relaxed camp atmosphere along with today's camping desires. Nestled on the banks of Lake Francis in Highlands County, its private facilities, open spaces and good fishing allow playing, learning, and working in a safe and enjoyable surrounding. Check the web at <http://4h.ifas.ufl.edu/cloverle.htm#>. For registration and information contact the Martin County Extension office



## 4-H Horse Judging



Martin County 4-H is hosting a 4-H Horse Judging Event. It is an invitational, and other counties will be here and helping us and participating. The date of the event is March 26. It will be held at the Martin County Fairgrounds. Registration will be 9am to 10am. The event will run from 10am to about 3pm. There will be time off for lunch. Dr. Ten-Broeck will be the judge. Plaques will be given to First 4-H - Jr., Sr. and mixed age Teams, First FFA Jr. Sr. and mixed age Team, First individual score for 4-H Jr. and Sr. and FFA Jr. and Sr.- No limit to the number of teams from each county, and youth can be both Jr. and Sr. on teams. Individuals can also judge. Lunch will be available to buy. Classes will be 4 halter and 4 performance – 2 reasons classes. Reasons presentations will be scored separately and not counted in the final score. Awards will be given for best individual reasons presentations for 4-H Jr. and Sr. and FFA Jr. and Sr.



## 4-H Congress

### Florida 4-H Congress

Held on the campus of the University of Florida during the summer, this is a fabulous week in which 4-H members can have fun and learn alongside other 4-H'ers from all over Florida. Congress is divided into competitive and non-competitive sessions. The non-

competitive portion is devoted to educational workshops on a variety of subjects addressing the interests of Florida's youth. The competitive portion of the event is where first place senior District Winners compete against other District Winners in a variety of events. County 4-H Teams also compete against one another in various Judging

Team Contests. In addition, each county sends their two voting delegates to attend the State 4-H Council Meetings. Interviews for State Recognition and Scholarship applicants are conducted during this event.

**When:** Late July **Where:** University of Florida, Gainesville

# Congress continued

## Participation Criteria:

- \* 13 years old prior to September 1 of the current 4-H year.
- \* Completed one year of 4-H work, including current year.
- \* Meet any other regulations pertaining to specific event or activity entered (e.g. Events which go beyond state level require specific ages for each of these events). See Event Summary Table in Appendix.

## County Participation:

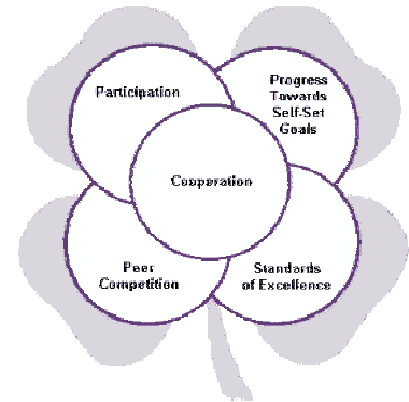
*Each county will be encouraged to support the following students to attend:*

\*Participants in the Educational/Leadership tracks.

\*Two delegates to Florida 4-H Council.\*Delegates selected to participate in the State 4-H Awards and Recognition or Scholarship Interviews.

\*Participating delegates who have qualified for competition in state level events and activities.

If you are interested in 4-H Congress or Congress you need to contact Cindy Harris 772-288-5654 in early spring.



## 4-H Legislature

### Florida 4-H Legislature

The Florida 4-H Legislature is a five day learning laboratory in state government designed to give participants educational experiences such as: learning about the functions of state level government, becoming informed about the state system of government, serving as mock legislators, reporters or lobbyists, meeting in the committee rooms of the

House of Representatives as well as the House Chambers, and touring the State Capitol, Supreme Court, Archives and/ or other State Buildings.

**When:** late June, early July **Where:** Tallahassee, Florida -- FSU Campus and local Capitol Buildings

### Participation Criteria :

*4-H Delegates to the Florida 4-H Legislature are to:*

\*be 13 years old by September 1 of current program year.

\*study their role assignments ahead of time.

**Participation Procedures and Quotas :**

\*No quota. The goal is to have 200 4-H delegates participating.

## Want to write a 4-H Story?

### YOUR Story Could be Featured in the 2007 National 4-H Calendar!

National 4-H Supply Service wants to know how you think 4-H benefits America, and your story could be used in the 2007 National 4-H Calendar. Sending in a submission may even get you a free gift certificate towards your next purchase of merchandise from the 4-H Source Book!

The 2007 calendar theme is "How 4-H Benefits America". It will be up to 4-H members, volunteers, parents, staff and partners to furnish the stories that will be featured. These personal testaments must tell the what, when, where, why, and how; so everyone can understand how 4-H benefits America. One story for each month will be featured in the calendar and the author will

receive one \$10 gift certificate towards a future purchase in the 4-H Source Book. Please limit your entry to 125 words due to the space restrictions of the calendar. Please e-mail, fax or mail your stories to: Maria Cascioli, National 4-H Supply Service, 7100 Connecticut Avenue, Chevy Chase, MD 20815, mcascioli@fourhcouncil.edu, Phone: 301-961-2948, Fax: 301-961-2937. submission

# University of Florida, Animal Science Open House

The University of Florida, Animal Science Department is having an open house on April 8th. Cindy will take interested teens to Gainesville Thursday evening and return Friday evening. The cost will be a hotel room for boys and one for girls plus food. All interested individuals must let Cindy know ASAP, so rooms can be booked and we can sign up for the tour. The next day is the Veterinarian School open house. Anyone interested may attend but Cindy will not be able to attend. Interested? Call 772-288-5654..

## Beef Cattle

Faculty  
Research  
Extension  
Publications  
Beef Units  
Newsletter  
Youth Programs  
Presentations 2005 Beef Cattle Short Course  
Meat Processing Center

Safety & Processing of Muscle Foods  
FBCIA - Mike Keeney Philosophy Statement

## Dairy Cattle

Faculty  
Academics  
Research  
Extension  
Corn Silage Field Day

International Farm Fellows Program  
Dairy Science Homepage

## Equine Sciences

Faculty  
Academics  
Research  
Extension  
Youth Programs  
Publications

## Poultry

Extension  
Youth Poultry Judging  
Safety & Processing of Muscle Foods



## An opportunity for you!

### Serve as Florida's 4HUSA Representative

The State of Florida is recruiting a 4HUSA Representative for Florida. The Content Team is looking for youth (ages 15-21) who have a general 4-H background to obtain this position. We would also like prospective candidates to be web savvy, preferably those who will be willing to devote around 3 hours a week to their task. If you are not already aware of the tasks representatives will need to complete, they are:

Serve as the state's liaison to the 4HUSA Web Crew. \*Maintain close relationships with state and county 4-H educators and the National 4-H Youth Directions Council state representative to learn of important news, events and other happenings that can be included in the state headlines and calendar sections of 4HUSA.ORG. \*Monitor state and county 4-H websites and newsletters for news headlines and special events announcements on a weekly

basis.\* Canvass Google News Alert daily to find 4-H news about the representative's state to be included in the news headlines. Work with the 4HUSA Web Crew Chief Regional Representatives as needed to create polls and message board strings. Promote 4HUSA.ORG throughout the state. Perform other duties as assigned.

If you're interested or want more information, contact Wendi Zimmerman at: 352-846-0996 OR

WAZimmerman@ifas.ufl.edu

## Do you have news the State 4-H Department might want?

### E-mail Your News Tip About Florida 4-H

Do you have a great idea for a 4-H news story? Use our new online form to let us know! News must be interesting, timely and accurate. Most 4-H news is what we call "soft news," falling mainly in the human interest or feature category. Un-

usual 4-H projects, programs, and community service outreach activities are often great news stories. Maybe you know an outstanding 4-H leader or 4-H club member with a unique 4-H story we could profile. Sometimes a great news story is just about one person who has overcome an obstacle through 4-H.

If your news idea involves an award, please note that we typically only distribute news releases for state and national awards.

If you are not sure if your idea is a news tip, please fill out the online form, and we will contact you. <http://4h.ifas.ufl.edu/newsandinfo/NewsPhotos/EmailNewsTip.htm>.

**MARTIN COUNTY 4-H NEWS**

Martin County Extension Office  
2614 SE Dixie Highway  
Stuart, Florida 34996

Lucinda J. Harris, Martin County 4-H Extension Agent

Phone: 772-288-5654  
Fax: 772-288-4354  
Email: LJH@ifas.ufl.edu



Check out the State 4-H Web Site  
<http://4h.ifas.ufl.edu/index1.htm>

## The 4-H Creed

- I believe in 4-H Club work for the opportunity it will give me to become a useful citizen.
- I believe in the training of my **HEAD** for the power it will give me to think, plan and to reason.
- I believe in the training of my **HEART** for the nobleness it will give me to be kind, sympathetic and true.
- I believe in the training of my **HANDS** for the ability it will give me to helpful, skillful and useful.
- I believe in the training of my **HEALTH** for the strength it will give me to enjoy life, resist disease and to work efficiently.
- I believe in my country, my state and my community and in my responsibility for their development.
- In all these things I believe, and am willing to dedicate my efforts to their fulfillment.

Are you into it? 

### Hands



### The 4-H Motto

"To make the best better."

### Head



### The 4-H Pledge

"I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living. For my club, my community, my country and my world."

### Health



### Heart

